

Transformation Activity Book

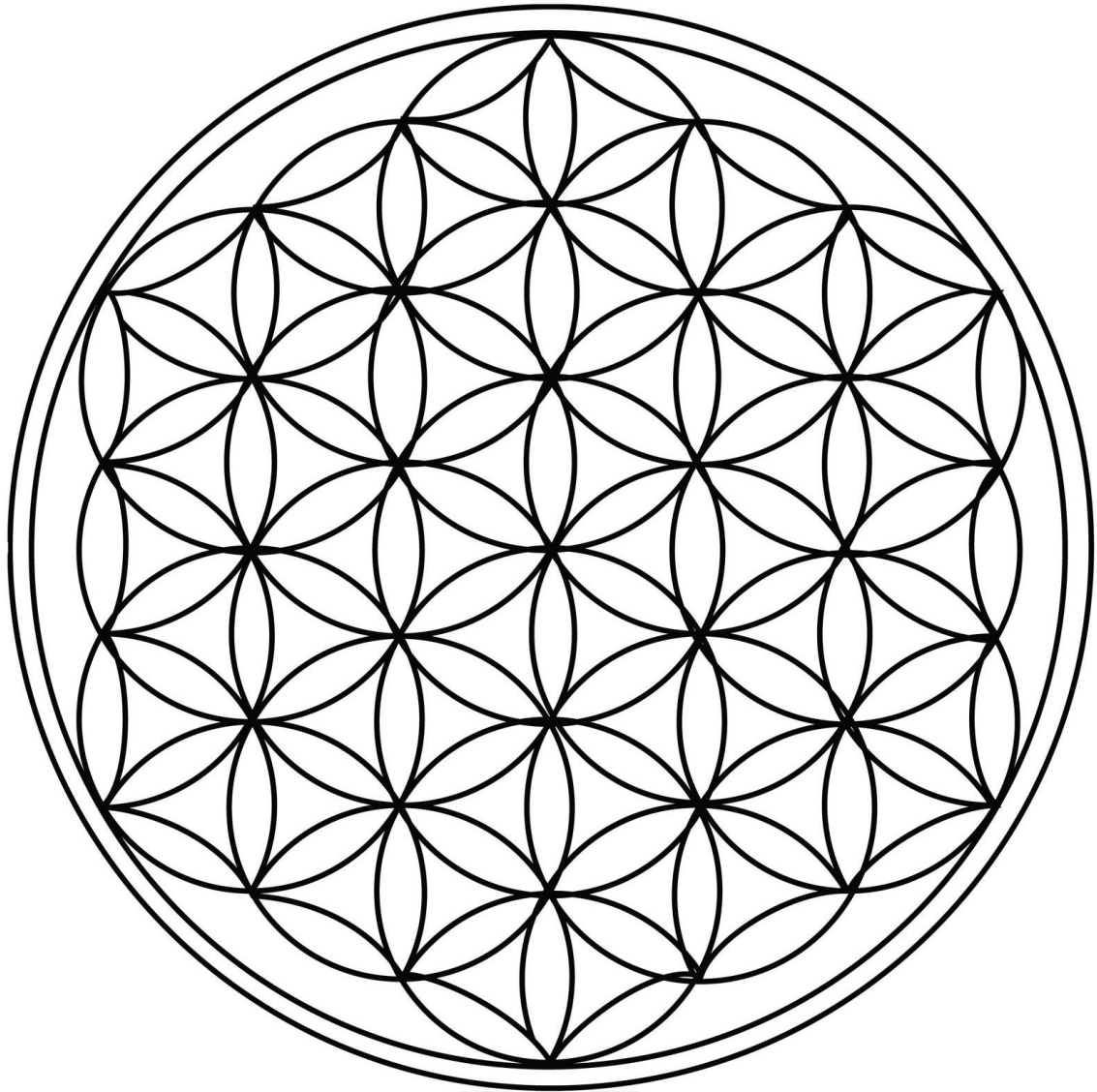
Use this coloring sheet to help you play and ponder these symbols of transformation. The labyrinth in the center is a symbol, and activity. Check here for a labyrinth in your community where you can walk and go within. <https://labyrinthlocator.com/> Gazing at the dragonfly, contemplate where in your life you'd like to consider some changes. Then color and add designs until you love it!

Isn't it great when you can PLAY AND GROW at the same time?



Ann Ranson offers practical guidance to build self-awareness and create spiritual habits that support deeper connections to the people – and things – that fulfill you.





Circle of Life

What Color is Yours?



OasisMoment Activity:

What does PEACE look, feel, taste, smell or hear like to you? What do you think of around peace?

Express those ideas here with word, color, marks or drawings.

